



Refresh! 2019

a weekend away for women

June 7 - 9
Camp Pagweak

Awake & Arise: Your True Life in Christ

Awake, O sleeper, rise up from the dead, and Christ will give you light. (Ephesians 5:14-16)

Come and share a weekend with old friends and make new ones. Together we will unwind and enjoy the beautiful surroundings at Camp Pagweak. Walk the beach, paddle a kayak, enjoy campfires, eat tasty food, talk, worship, relax and learn more about our awesome God.

Belinda Adshade will lead us in worship this year. She is a wife, mother and grandmother living in Truro where she teaches piano and voice. Belinda has been a music and worship leader since her youth. A long time camper and leader at Pagweak, she is looking forward to a fun and uplifting weekend with a great group of ladies.

Our speaker this year is **Kristy Short**. She will bring us a message to refresh us in our Christian walk. It will be a week-end of "Exploring Gods design for a life of freedom, peace, and purpose in your relationship with Jesus".



Kristy Short is a mother of three wild souls, wife to a smart and talented husband, and a long-suffering best friend who is passionate about serving the local church, the mind-blowing wonder of the Bible and the freedom of life in the Spirit.

Looking to explore your inner artist? Spend a few hours with **Shannon Skafte** on Saturday. She has been painting for more than 20 years and will lead you to create a scene of a path through trees, full of bright colours. All levels of experience welcome. Cost is \$25 and all materials are supplied. The first 15 ladies to send in their registration form indicating their interest will be in the class.

The cost is \$75 for the weekend with a \$25 deposit upon receipt of your registration form. Please bring your own towels and bedding. For Saturday only it is \$25 Sign in is Friday from 6-7pm, Check out is Sunday after lunch at 1pm. Please send in your registration form and deposit as soon as possible so we have an idea of how many women will be attending.

REGISTRATION FORM

Please complete and cut off this portion. Forward payment and completed form with a \$25 deposit prior to the weekend to: **Melanie Falconer 33 Lacey Rd. Milford NS B0N 1Y0**

NAME: _____ PHONE: _____

ADDRESS: _____ CITY _____

POSTAL CODE: _____ EMAIL: _____

Please indicate if you are not able to use a top bunk

Deposit of \$25 included

Please indicate if you want to be in the painting class.

Saturday Only